

Centerville High School 500 East Franklin Street Centerville, OH 45459

Office - (937) 439-3516

www.GoElksAthletics.com
Twitter - @chselksad

Rob Dement – Director of Athletics
Chris Newman & Brent Ullery – MS Coordinator
Kara Dierker – Athletic Secretary

# Centerville Athletic Department All Sports Information Guide

# **Fall Sports**

MS / HS Football

**HS Boys & Girls Soccer** 

MS / HS Boys & Girls Golf

MS / HS Boys & Girls Cross Country

> MS / HS Girls Volleyball

MS / HS Girls Tennis

MS / HS Cheerleading

# **Winter Sports**

MS / HS Boys & Girls Basketball

> HS Boys & Girls Swim & Diving

> HS Boys & Girls
> Bowling

**HS Hockey** 

MS / HS Boys & Girls Wrestling

MS / HS Co-Eds (Dance Team)

**HS Gymnastics** 

MS / HS Comp Cheerleading

# **Spring Sports**

MS / HS Boys & Girls
Track and Field

MS / HS Boys & Girls Lacrosse

**HS Boys Volleyball** 

MS / HS Boys Tennis

**HS Baseball** 

MS / HS Softball

# **FALL SPORTS 2022 – 2023**

## **Cross Country (Boys)**

**Summer Conditioning:** June and July 7:30 AM – 9:30 AM @ CHS (location & days vary)

First Official Practice: August 1st, 2022 check website and team calendar

**Practices:** Immediately following school days Aug – Oct until 5:45 PM

For More Information Contact: Casey Clark, Head Coach

Cell (937) 602-2546 Email: Casey.Clark@centerville.k12.oh.us

Website: CentervilleBoysXC.com Twitter: @CentervilleBoysXC

## **Cross Country (Girls)**

**Tryouts:** August  $1^{st} - 3^{rd}$ , 2022

First year runners must run 4 miles under 48 minutes without walking Returning runners must run 4 miles under 44 minutes without walking

**Practices:** Immediately following school in Aug – Oct until 5:45 PM

**Summer Camp:** Team camp during official practice Aug. 7<sup>th</sup> – 10<sup>th</sup>. Cost: ~ \$200

**Conditioning:** June and July in the AM

For More Information Contact: Dave Dobson, Head Coach

Cell (937) 902-9058 Email: Dobsonda@sbcglobal.net

Website: CentervilleGirlsXC.com Twitter: @CHSGirlsXC

## **Football**

**Summer Camp Info:** June 27th – 28th, 6:00 PM - 8:30 PM Grades K – 8 @ Centerville Stadium

June 9th, 16th, 22rd, 30th Passing Camps Grades 5th – 8th @ Centerville Stadium

Midnight Hits: August 3rd, 2022 at 7:00 PM

For More Information Contact: Brent Ullery, Head Coach

Cell (937) 369-7759 Email: Brent.Ullery@centerville.k12.oh.us

Website: www.CentervilleElksFootball.com Twitter: @CHSElksFootball

## Golf (Boys)

**Tryouts**: August 1<sup>ST</sup> – 3<sup>RD</sup>, 2022 (Yankee Trace, Beavercreek, Heatherwoode)

Players Meeting: May 1<sup>st,</sup> 2022 @ 5:00 PM in the Central Theater

For More Information Contact: Wes Mercer, Head Coach

<u>Email</u>: <u>wmerc85@gmail.com</u> <u>Twitter: @CentervilleGolf</u> <u>Website</u>: https://sites.google.com/a/centerville.k12.oh.us/elksgolf/home

## Golf (Girls)

**Tryouts**: August  $1^{st} - 4^{th}$ , 2022

Players Meeting: Sunday, July 31st @ 6:00 PM (Zoom)

For More Information Contact: Mike Dalton, Head Coach

<u>Cell</u> (937) 266-1169 <u>Email</u>: <u>Michael.Dalton@centerville.k12.oh.us</u> Website: https://centervilleladyelksgolf.weebly.com/ Twitter: @LadyElksGolf

## Soccer (Boys)

**Tryouts:** August  $1^{st} - 3^{rd}$ , 2022

Summer schedule will be posted on the website. Starts in June

For More Information Contact: Jeff Monbeck, Head Coach

Cell (937) 689-3483

Website: www.elkssoccer.com

Twitter: @ElksBoysSoccer

## Soccer (Girls)

**Tryouts:** August 1<sup>st</sup> – 3<sup>rd,</sup> 2022

**Soccer Camp**: June 27<sup>th</sup> – 30<sup>th</sup> 6:00-8:30 PM, Alumni Stadium (Grades 1 – 8)

The camp fee is \$90. Register @ Team Website below.

**Summer Training and Conditioning:** June 28th and runs through July 31<sup>st</sup> Visit the program Web site for registration, details, and calendars

For More Information Contact: Jim Gobrail, Head Coach

Cell (937) 231-1670 <u>Email</u>: <u>Jim.Gobrail@Centerville.k12.oh.us</u>

## Tennis (Girls)

**Tryouts:** August 1<sup>st,</sup> 2022 @ 9:00 AM at the CHS Tennis Courts

**Practices:** Every day August 1<sup>st</sup> through Oct. 30<sup>th</sup> **Open Court**: June 6<sup>th</sup> , 8<sup>th</sup> , 10<sup>th</sup> from 1:00 PM – 3:00 PM

July 27<sup>th</sup> & 29<sup>th</sup>, from 9:00 AM – 11:00 AM @ CHS Tennis Courts

For More Information Contact: Scott Long, Head Coach

Cell (937) 371-2235 Email: Scott.Long@centerville.k12.oh.us

Website: www.centervilletennis.com Twitter: @ElkTennis

# Volleyball (Girls)

**HS Tryouts:** August 1<sup>st</sup> 9<sup>th</sup> Grade (9 – 11 am), 10<sup>th</sup> Grade (11:00 – 1:00 AM)

11<sup>th</sup> Grade 11:00 – 1:00 PM, 12<sup>th</sup> Grade (11:00 – 1:00 PM)

(Please arrive 30 minutes prior to the try-out times listed above).

**MS Tryouts:** August 1st & 2nd @ 12:00 PM - 2:30 PM (arrive at 11:30 AM at CHS)

**Practices:** Every day August 1<sup>st</sup> through Oct. 30<sup>th</sup>

HS Open Court: 4 Days a week and the schedule vary. Dates/Times listed on Team Snap

MS Open Court: Monday, Wednesday and Thursday until July 29<sup>th</sup>

**Little Elk Camp:** July 17th - 19th (Grades K-8<sup>th</sup>) (K-4<sup>th</sup> 5 - 6:30 PM) (5<sup>th</sup>-8<sup>th</sup> 7:00 - 8:30 PM)

To join the Teamsnap, please e-mail Coach Onweller

For More Information Contact: Matt Onweller, Head Coach

Cell (419) 388-5133 Email: MLOnweller@gmail.com

Website:www.CentervilleVolleyball.com Twitter: LadyElksVbal

# **WINTER SPORTS 2022 - 2023**

## **BASKETBALL (BOYS)**

**Little Dribblers:** (Entering Grades K - 2) May  $31^{st}$  – June  $2^{nd}$  from 5:00 PM – 6:00 PM Father & Son: (All Ages) May  $31^{st}$  – June  $2^{nd}$  from 6:00 PM – 7:30 PM Youth Camp: (All Ages) June  $6^{th}$  –  $9^{th}$  from 9:00 AM – 12:00 PM Freshmen and MS: (Entering Grades 7 – 8) June  $6^{th}$  –  $9^{th}$  from 1:00 PM – 3:00 PM

For More Information Contact: Brook Cupps, Head Coach

<u>Cell</u>: (937) 244-2590 <u>Email</u>: <u>Brook.Cupps@centerville.k12.oh.us</u>

bluecollarhoops@gmail.com

Girls Coach, Jimmy Rhoads

Website: www.centervillebasketball.com Twitter: Elk\_Basketball

Basketball (Girls)

Camp #1 June 6<sup>th</sup> – June 8<sup>th</sup> (Offensive Skill Camp) @ Watts Grades 4<sup>th</sup>–8<sup>th</sup> 9AM – 11AM \$75 Camp #2 June 20<sup>th</sup> – June 23rd (Basketball Camp) @ CHS Grades K – 9<sup>th</sup> 9AM – 12PM \$95

Camp Registration Forms can be filled out @ https://forms.gle/vhx8hQz4gNj6MZNo8

Summer Leagues available for girls entering (Grades 7<sup>th</sup> – 12<sup>th</sup>)

For More Information Contact: Adam Priefer, Head Coach

Cell: (937) 238-4657 Email: Adam.Priefer@centerville.k12.oh.us

Website: www.centervillegirlsbasketball.com

**Bowling (Boys & Girls)** 

**Open Tryouts**: November 4<sup>th</sup>, 7<sup>th</sup> & 9<sup>th</sup>. 3:45 PM – 5:15 PM

Dev League: Late Aug - Poelking Lanes South, Instructional League begins second

week of May.

**Practice:** Mon, Wed & Fri 3:45 PM – 5:15 PM

Recommended: Youth leagues or instructional league beginning August 13th.

**For More Information Contact:** 

Boys Coach, Jeff Rezabek

<u>Cell</u> (937) 572-3307 <u>Cell</u>(701)-509-7520

Website: www.elksbowling.com

Coeds (Dance Team)

**Tryouts:** May  $10^{th} - 12^{th}$ , 2022

**Practices:** Monday, Tuesday, & Thursday @ Magsig MS (JV 5:00 – 7:00 PM)

Monday, Tuesday, & Thursday @ Magsig MS (Varsity 7:00 – 9:00 PM)

**Technique:** Wednesday's 3:15 – 4:45 PM and Friday's 3:00 – 4:00 PM

Summer Camp: August 1<sup>st</sup> – 5<sup>th</sup>. 2022

For More Information Contact: Tenille Redmond, Head Coach

Cell (301) 437-0613 Email: Tenille.Redmond@centerville.k12.oh.us

Website: www.centervilledance.org

## **Gymnastics**

**Tryouts:** November 2022 7:30 PM – 9:30 PM at Kids are Tops

**Location**: Kids are Tops Sport Center

7644 Paragon Road, Centerville 45459

Requirements: Listed on Website

For More Information Contact: Renee Horcher, Head Coach
Cell (937) 212 - 0024 Email: rehorcher@gmail.com

Website: http://centervilleelksgymnastics.com

## **Ice Hockey**

Summer Camp: Tuesdays 8:00 – 9:00 PM and Thursdays 7:30 – 8:30 PM

Open To: 8th – 12th Graders.

**Tryouts:** Saturday, Oct. 29<sup>th</sup>, 2022 (8:00–9:30 PM)

Sunday, Oct. 30<sup>th</sup>, 2022 (1:00-2:30 PM)

**Regular Season**: Tuesday, November 1, 2022 - (Time TBD)

For More Information Contact: Tim Evans, Head Coach

<u>Cell</u> (937) 760 - 0799 <u>Email</u>: <u>Tevans@infrontapparel.com</u>

Website: www.elkshockey.com

## **Swimming and Diving**

**Home Site:** Washington Township Rec Center (895 Miamisburg Centerville Road)

First Practice: November 1st, 2022 7:00 PM – 9:00 PM

**Practices:** Tuesday's, Wednesday's and Thursday's 7:00 PM – 9:00 PM

First Meet: Monday, November 28<sup>th</sup>, 2022

For More Information Contact: Dave Johnson, Head Coach

Cell (937) 631 – 8433 Email: spy5@sbcglobal.net

Website: https://www.teamunify.com/Home.jsp? tabid =0&team=reczzchssd

## Wrestling (Boys / Girls)

**Conditioning:** Weightlifting 3 times a week year round (Summer Hours 9AM – 10:30 AM)

**Practices:** Monday through Friday, Nov 10<sup>th</sup> through early March

For More Information Contact: Alan Bair, Head Coach

Cell (513) 265-4112 Email: Alan.Bair@centerville.k12.oh.us

coachbair@gmail.com

# **SPRING SPORTS 2022-2023**

#### Baseball

**Tryouts:** Late February

Aug: OHSAA mandated Dead Period
Sept: Core Value Implementation Meetings

Oct-Feb: AM Lift and Open Throwing Weightlifting (Monday, Wednesday, and Thursday AMs)

**Dec-Feb:** Open Cages (Monday - Thursday PMs)

**Feb:** OHSAA mandated tryouts

Feb-May: Season Start of Season: Late March

End of Season: Late May, Early June

**Hitting Lessons:** (Grades K - 8) June 6th - 9th (12:15 PM - 1:15 PM)

(Grades K – 8) June 13th – 16th (12:15 PM – 1:15 PM)

Winter Camp Holiday Break (December) Dates TBD 9:00 AM – 3:00 PM Hitting League (Grades 2 – 9) 12:00 PM to 1:00 PM or 1:00 PM to 2:00 PM

Mondays, Wednesdays, Thursdays (Dates TBD/Visit elkbaseball.com)

Mondays, Wednesdays, Thursdays (June)

**MS Camp:** (Incoming 7-9) June  $6th-9th\ 9:00\ AM-12:00\ PM)$  @ Booster Park **Summer Camp:** (Grades 5-9) June  $13th-16th\ 9:00\ AM-12:00\ PM$  @ Booster Park

For More Information Contact: Jason Whited, Head Coach

Email: Jason.Whited@centerville.k12.oh.us

## Lacrosse (Boys)

**Tryouts**: Late February

**Conditioning**: Sept. – Feb Lift and Open Fields (Tue., Wed., and Thur. after school)

**Season**: Begins late-March and will finish late-May, early June.

August: OHSAA mandated Dead Period

**Summer Camp**: (Grades  $5^{th} - 9^{th}$ ) dates TBD. Visit www.elkslacrosse.org for details

For More Information Contact: Troy Stehlin, Head Coach

Email: Troy.stehlin@centerville.k12.oh.us

Website www.elkslacrosse.org Twitter: @CHSElksLacrosse

# Lacrosse (Girls)

**Tryouts**: February 21<sup>st</sup> – 23<sup>rd</sup> 3:30 PM until 5:30 PM @ Alumni Stadium Practices: Begin daily after tryouts at Alumni field from 3:30 until 5:30 PM. Begin mid-March and will finish mid-May. (Playoffs will follow)

**Summer Camp**: (Grades K-4<sup>th</sup>) June 19<sup>th</sup>, 2022 (Grades 5<sup>th</sup>-8<sup>th</sup>) June 20<sup>th</sup> - 22<sup>nd</sup>, 2022

For More Information Contact: Katie Ziegert, Head Coach

Cell: (937) 974-2983 <u>Email</u>: <u>kziegert25@gmail.com</u>

Website: www.chsladieslacrosse.com

## Softball

Tryouts: Late February Regular Season: March to May

For More Information Contact: Wendell Hutchinson, Head Coach

Cell: (513) 464-6866 Email: whutch16@yahoo.com

Website: www.elksoftball.com Twitter: @CvilleVSoftball

## **Tennis (Boys)**

**Tryouts:** Mar 7<sup>th</sup> @ the CHS Tennis Courts

**Practices:** Every weekday 3:00 PM – 6:00 PM (Weekends TBA)

**Open Court**: During the month of February @ Five Seasons Sports Club before school

For More Information Contact: Scott Long, Head Coach

Cell (937) 371-2235 Email: Scott.Long@centerville.k12.oh.us

Website: www.centervilletennis.com Twitter: @ElkTennis

## Track (Boys & Girls)

Weight training: First week of Oct; Tuesday and Thursday

Indoor Track meeting: First Wednesday in December
Outdoor Track meeting: Last Tuesday in February

**Conditioning/Running:** Begins Monday after break, Mon/Wed/Thur; 3:00-5:30pm

**Upstairs - CHS Central Commons** 

**Camp** Pole Vault Camp June 12<sup>th</sup> – 15<sup>th</sup> @ Centerville Stadium

For More Information Contact: Matt Somerlot, Head Coach

Cell (937) 902- 4889 Email: Matt.Somerlot@centerville.k12.oh.us

Website: www.elkstrack.org

Volleyball (Boys)

**Tryouts:** March 7<sup>th</sup> & 8<sup>th,</sup> 2022 (Times TBA)

Weight Room & Open Gym: Mon/Thur 6:30 PM – 8:00 PM (Open Gyms Sunday 6-8 pm)

For More Information Contact: Corey Burge, Head Coach

Cell (937) 623-7408 <u>Email</u>: Corey.Burge4@gmail.com

Website: www.elksvolleyball.com Twitter: @CHSElksVBall

**Cheerleading** 

**Try-out Meeting:** March, 2022 (for the 2022 / 2023 School Year)

**Cheerleading Try-outs:** Clinics are April 6<sup>th</sup> – 7<sup>th</sup>, tryouts April 10<sup>th</sup> 8:00 AM – 1:00 PM

Competition Cheer Try-outs: April 20th & 21st @ PVN

**Cheer Camp:** August 1<sup>st</sup> – 4<sup>th</sup>, 2022 @ Miami University

For More Information Contact: Lori Dunnigan, Coordinator

Email: dunniganlori@gmail.com

**Student Sports Medicine** 

For More Information Contact: Brandon Craig, Trainer

Office: (937) 439- 3512 <u>Email</u>: <u>Brandon.Craig@centerville.k12.oh.us</u>

